

Menu Cycle Spring Term Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|---|-------------------------------|---|---|---|
| Main Meals | Turkey Meatballs | Pizza (Selection of toppings) | Beef and Potato Pie | Chicken braised in tomato sauce with pepper, onion and olives | Fish Fingers |
| Vegetarian Meals | Quorn Meatballs | Vegetarian Pizza | Veggie Pie | Quorn braised in tomato sauce with pepper, onion and olives | Vegetable Cannelloni |
| Vegetable Selection | Two Fresh Vegetables Provided Daily According to Availability Peas and Sweetcorn Frozen. | | | | |
| Potato Selection/ Bread | Pasta | Sweet Potato Wedges | Baked Sliced Potatoes | Rice | Chips |
| Sweet Selection | Frozen Yoghurt | Date Slice with custard | Chocolate Sponge with Chocolate Custard | Cherry Shortbread | Fruit Muffin with Cream Cheese Frosting |

Menu Cycle Draft Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|--------------------------|------------------------|---|------------------------------------|
| Main Meals | Macaroni Cheese with Tuna and Peppers | Meat Plait | Sweet and Sour Chicken | Beef Burger in a Roll (95% Beef) | Baked Fish Cake with parsley sauce |
| Vegetarian Meals | Cheese and Leek Bake | Vegetable Plait | Sweet and Sour Quorn | Vegetable Burger in a Roll with Vegetables or Salad | Veggie Bakes |
| Vegetable Selection | Two Fresh Vegetables Provided Daily According to Availability Peas and Sweetcorn Frozen. Baked Beans only with Jacket Potato | | | | |
| Potato/ Bread Selection | | Croquettes | Rice | Chips | Mini Jacket |
| Sweet Selection | Ice Cream | Apple Sponge and Custard | Yoghurts | Flapjacks | Bakewell Tart |

Menu Cycle Draft Week 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|---|----------------------------|-------------------|-------------------------------|
| Main Meals | Turkey and Ham Pie | Butchers Sausage with Yorkshire Puddings | Gammon and Pineapple | Barbeque Pork | Baked Fish |
| Vegetarian Meals | Veggie Pie | Vegetable Sausage with Yorkshire Puddings | Cheese and Broccoli Quiche | Barbeque Quorn | Cauliflower Cheese with Quorn |
| Vegetable Selection | Two Fresh Vegetables Provided Daily According to Availability Peas and Sweetcorn Frozen. Baked Beans only with Jacket Potato | | | | |
| Potato/ Bread Selection | Mini Jackets | Mashed Potatoes | Gratin Potatoes | New Potatoes | Charlotte Potatoes |
| Sweet Selection | Fruit and Yoghurt | Banana Bread | Fruit Crumble and Custard | Lemon Iced Sponge | Cornflake Tart and Custard |

Daily Items on the Menu (These options will vary due to availability)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------|--|--|--|--|--|
| Salad Bar | Lettuce Tomato Cucumber Grated Carrot Sweetcorn Coleslaw Beetroot Pineapple | Lettuce Tomato Cucumber Grated Carrot Sweetcorn Coleslaw Beetroot Pineapple | Lettuce Tomato Cucumber Grated Carrot Sweetcorn Coleslaw Beetroot Pineapple | Lettuce Tomato Cucumber Grated Carrot Sweetcorn Coleslaw Beetroot Pineapple | Lettuce Tomato Cucumber Grated Carrot Sweetcorn Coleslaw Beetroot Pineapple |
| Jacket Potatoes | Baked Jacket Potatoes with two fillings daily <ul style="list-style-type: none"> - Beans - Tuna - Cheese | | | | |
| Grab Bags | Includes: Wrap filled, drink, fruit, vegetable snack and a cookie - to order | | | | |
| Fill yourself Roll/Baguette | Baguette/roll: Cut without filling From the Salad Bar pupils can decide the following with guidance <ul style="list-style-type: none"> - Choice of protein i.e. ham ,egg, tuna, cheese (X2) - Salad of choice | | | | |